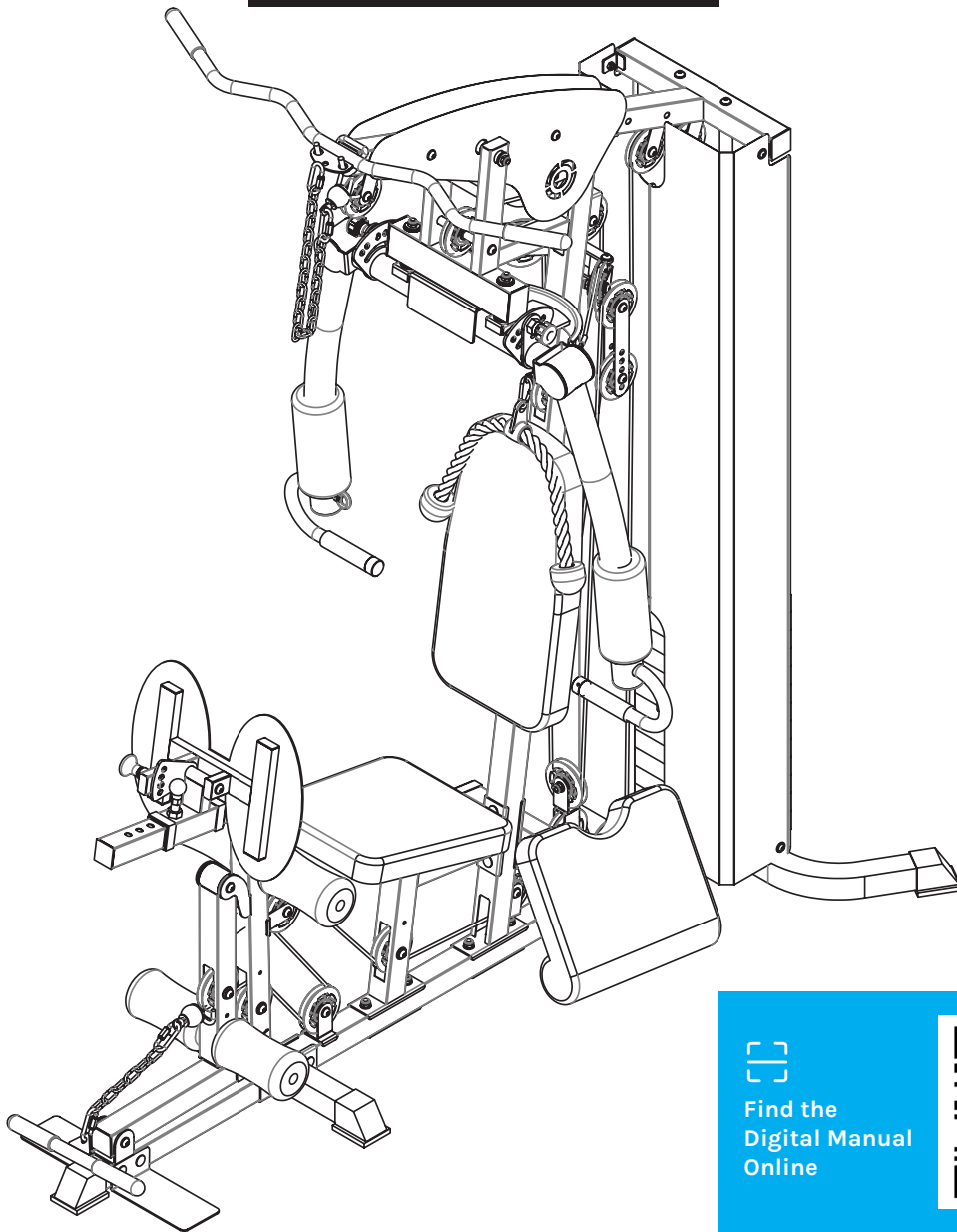


# **CORTEX<sup>®</sup>**

## **SS4 Single Station Functional Home Gym**

### **USER MANUAL**



Find the  
Digital Manual  
Online



Product may vary slightly from the item pictured due to model upgrades.



**Read all instructions carefully before using this product.  
Retain this owner's manual for future reference.**

**NOTE:**

This manual may be subject to updates or changes. Up to date manuals are available through our website at [www.lifespanfitness.com.au](http://www.lifespanfitness.com.au)



# TABLE OF CONTENTS

I. Important Safety Instructions .....	03
II. Care Instructions .....	04
III. Parts List .....	05
IV. Assembly Instructions .....	08
V. Maintenance .....	21
VI. Warranty .....	22

# I. IMPORTANT SAFETY INSTRUCTIONS

---

 **WARNING: Read all instructions before using this machine.**

---

This product is intended for home use only. It is not designed for a commercial or public gym.

To ensure your safety, read the following precautions before using this product

1. Please read, study and understand the instructions and all warning labels before use.  
(It is recommended to be familiar with the normal operation and use methods of the device before using this product. Information is available on this manual and at local retailers).
2. Please keep this manual and ensure that all the warning labels are clear and complete.
3. This product is recommended to install by more than two people.
4. Please consult your doctor's advice before starting the exercise.
5. Please ensure safety when the children are present.
6. Be careful when using it with children present.
7. Please check any signs of wear of the wire rope regularly. If there is wear, it may cause some danger to you.
8. Please keep your hands, limbs and clothes stretch to use the device.
9. Please note any signs of machinery that may occur, including part wear, loose hardware, and welding cracks. Stop using the device with the above signs immediately and contact the after-sales service department of our company.
10. You can complete the assembly with a wrench, or an inner hexagon wrench.
11. The product is subject to change without notice, updated manuals will be available online.
12. This product is designed for indoor use, in a well ventilated room.

# II. CARE INSTRUCTIONS

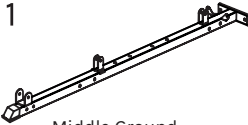
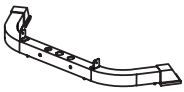
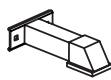


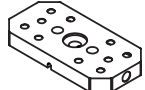

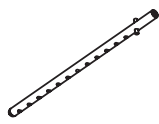


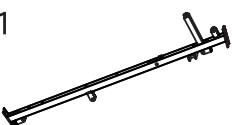
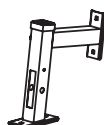


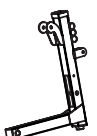
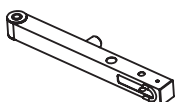


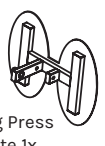


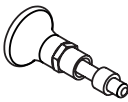
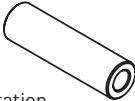

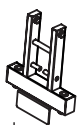


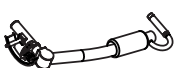

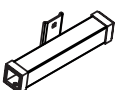


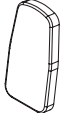
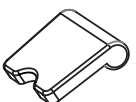


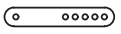







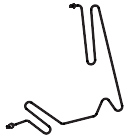
- Lubricate moving joints with silicon spray after periods of usage.
- Be careful not to damage plastic or metal parts of the machine with heavy or sharp objects.
- The machine can be kept clean by wiping it down using dry cloth.
- Check and adjust the tension of wire rope on a regular basis.
- Regularly check all moving parts and make sure there are signs of wear and damage, if any the use of the device must be stopped immediately and contact our after-sales department.
- During inspection, it is necessary to make sure that all bolts and nuts are completely fixed. If any bolt or nut connection is loosened, please re-tighten.
- Check weld for cracks.
- Failure to perform daily maintenance may result in personal injury or equipment damage.



## **CAUTION:**

When changing accessories ensure the connection links are tightened fully. Failure to do so can result in injury.

# III. PARTS LIST

1  Middle Ground Piece 1x	2  Back Long Ground Piece 2x	3  Small Side Ground Piece 2x	4  Foot Tread Plate 2x	5  Guide rods 2x
6  Counterweights 12x	7  Counterweight Block 1x	8  Selector Rod 1x	9  Shock-Absorbing Pads 2x	10  Limit set 2x
11  Stand Column 1x	12  Seat Support 1x	13  Upper Beam 1x	14  Pulley Frame 2x	15  Front Bracket 2x
16  Leg Arm 1x	17  Leg Press Bracket 1x	18  Sliding Sleeve -Adjustment 1x	19  Leg Press Plate 1x	20  Small-head Draw Pin - M16 1x
21  Draw Pin - M18 2x	22  Spring Pull Pin M20 (pre-installed) 1x	23  Rotation Shaft-57MM 2x	24  Seat Adjustment Frame 1x	25  Connected Frame 1x
26  Decorative panels 2x	27  Push Shaft 1x	28  Left Chest Fly Arm 1x	29  Right Chest Fly Arm 1x	30  Storage Tube 1x
31  U-Shaped Seat Cushion Adjustment Frame 2x	32  Seat Cushion 1x	33  Back Cushion 1x	34  Elbow Pad 1x	35  Elbow Pad Tube 1x
36  M10 Knob Nut 1x	37  Slide Wheel Adjustment 2x	38  Cross Pulley Frame 1x	39  L-Pin 1x	40  Round Pin 1x
41  Pulley 21x	42  Slider Liner 8x	43  Steel Wire Rope-3310mm 1x	44  Steel Wire Rope-3110mm 1x	45  Steel Wire Rope-4900mm 1x

46



6-Link Chain 1x

47



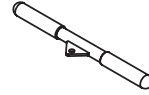
15-Link Chain 1x

48



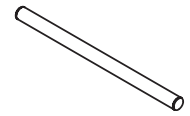
Curved Lat Pulldown Handle 1x

49



Straight Row Handle 1x

50



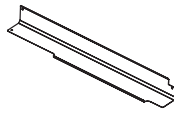
Foam Tube 2x

51



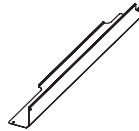
Foam 4x

52



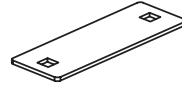
Right-Side Protective Cover 1x

53



Left-Side Protective Cover 1x

54



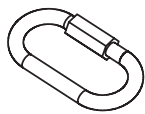
110 Connecting Plates 3x

55



170 Arc-Shaped Connecting Plate 1x

56



C-type Buckle 4x

57



Carabiner Clips 2x

58



Tricep Rope 1x

59



Carriage bolts M10X70 14x

60



Pan bolts M10X175 1x

61



Pan bolts M10X70 6x

62



Pan bolts M10X45 18x

63



Pan bolts M10X20 12x

64



Pan bolts M10X120 1x

65



Pan bolts M8X16 12x

66



Cross-recessed bolt M6X10 3x

67



Nut M6 3x

68



Nut M8 6x

69



Nut M10 45x

70



Ø10 Enlarged Washer 4x

71



Ø10 Washer 90x

72



Ø8 Washer 8x

73



Pan bolts M8X85 2x

74



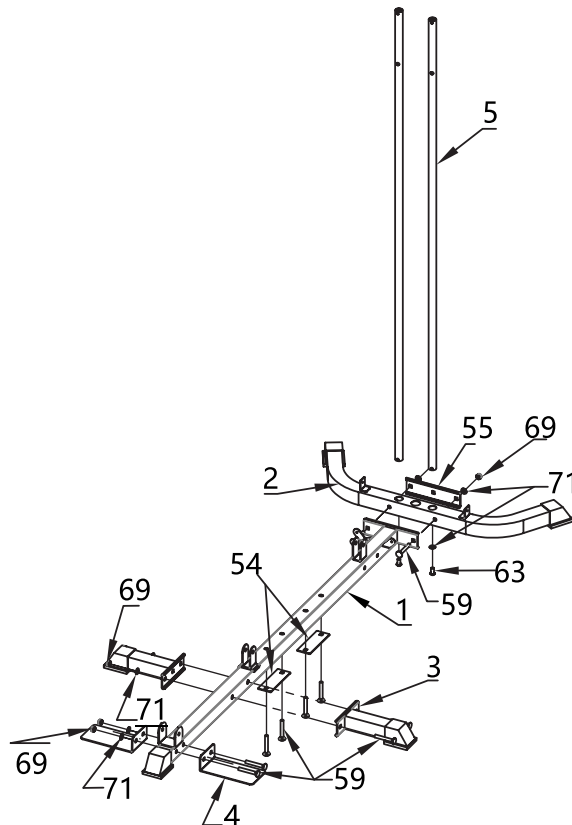
Cable handles 2x

# IV. ASSEMBLY INSTRUCTIONS

## ATTENTION:

1. Place a gasket on both ends of each bolt—one beneath the bolt head and one beneath the nut—unless otherwise specified.
2. During preliminary assembly, tighten all bolts and nuts by hand only. For final assembly, use a wrench to fully secure all connections.
3. Certain spare parts may arrive pre-assembled from the factory.
4. It is strongly recommended that this machine be assembled by two or more people to prevent injury.

### STEP 1



1. Lay out the following parts on a flat surface:

- Middle Ground Piece (1) x 1
- Back Long Ground Piece (2) x 1
- Small Side Ground Pieces (3) x 2
- Foot Tread Plates (4) x 2
- 110 Connecting Plates (54) x 2
- Arc-shaped Connecting Plate (55) x 1

2. Connect the Ground Pieces:

- a. Attach the Small Side Ground Pieces (3) to both sides of the Middle Ground Piece (1) using Carriage Bolts M10x70 (59),  $\Phi$ 10 Washers (71), and M10 Nuts (69). Washers are only needed on one side for this step.
- b. Hand-tighten all bolts for now.
- c. Attach the Back Long Ground Piece (2) to end of the Middle Ground Piece (1) using Carriage Bolts M10x70 (59), Arc-shaped Connecting Plate (55),  $\Phi$ 10 Washers (71) and M10 Nuts (69). Washers are only needed on one side for this step.

3. Install the Foot Tread Plates (4):

- a. Position the foot tread plates on the both sides of the Middle Ground Piece (1).
- b. Secure each using Carriage Bolts M10x70 (59),  $\Phi$ 10 Washers (71), and Nuts (69).

4. Pre-install the Connecting Plates:

- a. Place the 2x 110 Connecting Plates (54) under the middle section of the frame using Carriage Bolts M10x70 (59).

5. Insert the Guide Rods (5):

- a. Insert both Guide Rods (5) into the left and right holes on Back Long Ground Piece (2).
- b. Secure from underneath using Pan Bolts M10x20 (63) and  $\Phi$ 10 Washers (71).

6. Tighten All Bolts:

- a. Once all components are correctly positioned, fully tighten all bolts with a wrench.

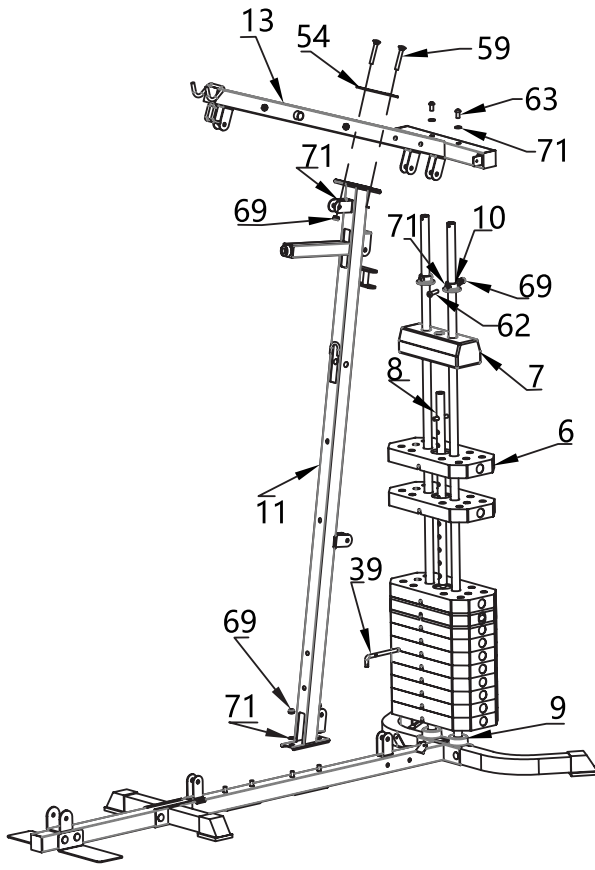
No.	Name	Qty.
1	Middle Ground Piece	1pc
2	Back Long Ground Piece	1pc
3	Small Side Ground Piece	2pcs
4	Foot Tread Plate	2pcs
5	Guide Rods	2pcs
54	110 Connecting Plates	2pcs

No.	Name	Qty.
55	170 Arc-Shaped Connecting Plate	1pc
59	Carriage bolts M10X70	8pcs
63	Pan bolts M10X20	2pcs
69	Nut M10	6pcs
71	$\emptyset$ 10 Washer	8pcs

## STEP 2

1. Install the Shock-Absorbing Pads (9):  
 a. Position the two pads on the Guide Rods at the designated locations where the weight stack will rest.

2. Assemble the Counterweights (6 & 7) and Limit Set (10):  
 a. Stack the Counterweights (6) one by one onto the Shock-Absorbing Pads (9). The pin holes must be facing down as pictured.  
 b. Align the central holes to allow smooth passage for the Selector Rod (8). Insert the Selector Rod (8) vertically through the center holes of all counterweights.  
 c. Place the Counterweight Block (7) on top of the stacked counterweights.  
 d. Install both Limit Sets (10) on each side of the Guide Rods and secure them using Pan Bolts M10x45 (62), Washers (71), and Nuts (69). This step only needs washer on one side.



3. Mount the Stand Column (11):

a. Fix the Stand Column (11) onto the rear section of the base frame onto the pre-installed Carriage Bolts M10x70 (59) (from Step 1). Lock using Washers (71), and Nuts (69).

4. Install the Upper Beam (13):

a. Place the Upper Beam (13) onto the top of the Stand Column (11) and the Guide Rods.  
 b. Align the holes for the Stand Column (11) and connect using 110 Connecting Plate (54), Carriage Bolts M10x70 (59), Washers (71), and Nuts (69). Washers go on both sides of bolt.  
 b. Align the holes for the Guide Rod and secure using Pan Bolts M10x20 (63), Washers (71), and Nuts (69). Washer on one side only.

5. Insert the L-Pin (39):

a. Insert the L-Pin (39) through the Selector Rod (8) at the desired height to select the weight load.

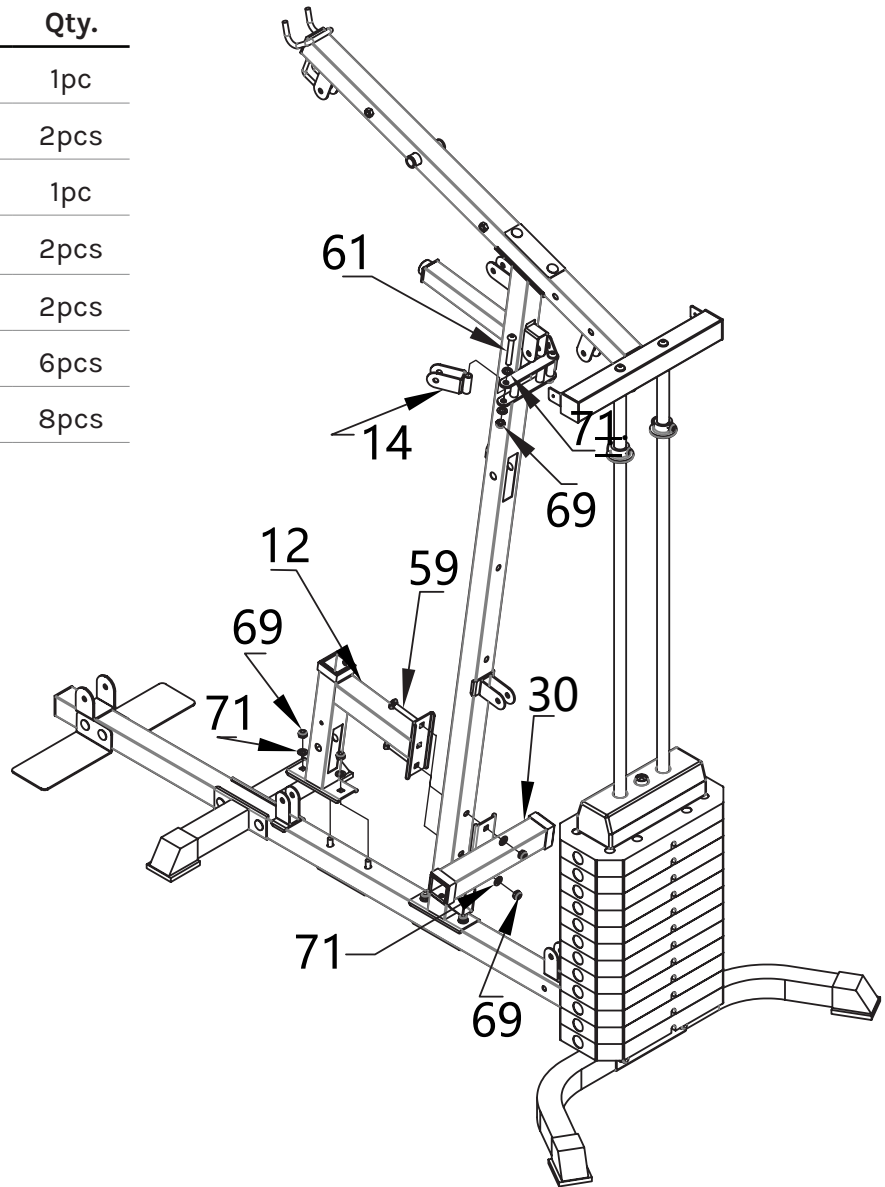
6. Verify all bolts and nuts are securely tightened.

Confirm that the Selector Rod moves freely through the weight stack and that all components are stable.

No.	Name	Qty.
6	Counterweights	12pcs
7	Counterweight Block	1pc
8	Selector Rod	1pc
9	Shock-Absorbing Pads	2pcs
10	Limit set	2pcs
11	Stand Column	1pc
13	Upper Beam	1pc

No.	Name	Qty.
39	L-Pin	1pc
54	110 Connecting Plates	1pc
59	Carriage Bolts M10x70	2pcs
62	Pan Bolts M10x45	2pcs
63	Pan Bolts M10x20	2pcs
69	Nut M10	6pcs
71	∅10 Washer	10pcs

No.	Name	Qty.
12	Seat Support	1pc
14	Pulley Frame	2pcs
30	Storage Tube	1pc
59	Carriage bolts M10X70	2pcs
61	Pan bolts M10X70	2pcs
69	Nut M10	6pcs
71	∅10 washer	8pcs



### STEP 3

#### 1. Attach the Seat Support (12):

- Position the Seat Support (12) onto the pre-installed Carriage Bolts M10x70 (59) of the base frame and secure Washers (71), and Nuts (69).
- Hand-tighten bolts until final alignment is confirmed.

#### 2. Attach the Storage Tube (30):

- Mount the Storage Tube (30) onto the side of the Stand Column (11) and aligning the bolt holes with Seat Support (12).
- Secure both parts together using Carriage Bolts M10x70 (59), Washers (71), and Nuts (69). Washers on one side of bolt only.

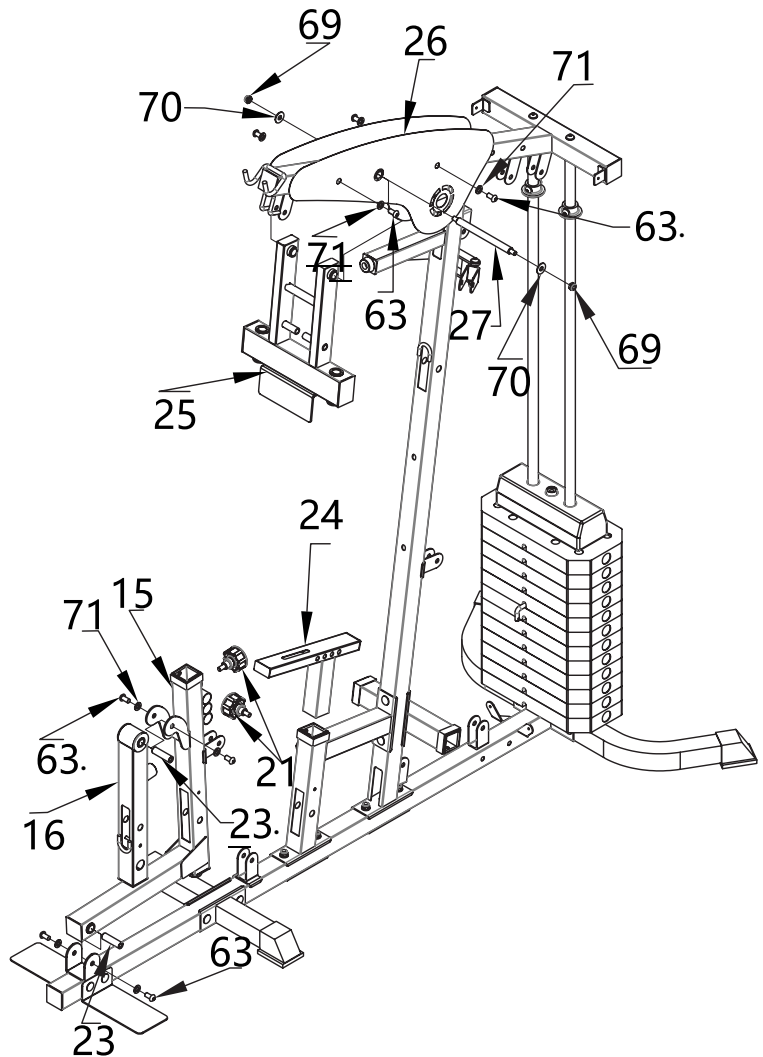
#### 3. Install the Pulley Frames (14):

- Align both Pulley Frames (14) with the mounting holes located on the top of Stand Column.
- Fix in place using Pan Bolts M10x70 (61), Washers (71), and Nuts (69). Washer go on both sides of the bolt.
- Ensure the pulleys are facing the correct direction and rotate freely.

#### 4. Verify all parts are properly aligned and fully tightened using a wrench.

Confirm that the pulley movement is smooth and unobstructed.

No.	Name	Qty.
15	Front bracket	1pc
16	Leg Arm	1pc
21	Draw pin - M18	2pcs
23	Rotation shaft-57MM	2pcs
24	Seat Adjustment Frame	1pc
25	Connected Frame	1pc
26	Decorative panels	2pcs
27	Push shaft	1pc
63	Pan bolts M10X20	8pcs
69	Nut M10	2pcs
70	∅10 enlarged washer	2pcs
71	∅10 washer	8pcs



## STEP 4

### 1. Install the Front Bracket (15):

- Insert Rotation Shaft (23) into Front Bracket (15) and position the Front Bracket (15) at the front section of the base frame bolt holes.
- Secure the parts using Pan Bolts M10x20 (63), Washers (71), and Nuts (69) on both sides.
- Ensure the bracket is firmly attached and aligned with the frame.

### 2. Attach the Leg Arm (16):

- Insert the Rotation Shaft (23) through the hinge holes of the Leg Arm (16), then align to bolt holes on Front Bracket (15).
- Lock the shaft in place using Pan Bolts M10x20 (63) and Washers (71) on both sides.

### 3. Install Draw Pin (21):

- Insert the Draw Pin - M18 (21) to the back of the Front Bracket (15). This will adjust the height of the attachments that will be inserted into the tube.
- Insert the second Draw Pin - M18 (21) to the side of the Seat Support and locking with Seat Adjustment Frame (24). This is to adjust to the height of the seat.

### 4. Install Decorative Panels (26):

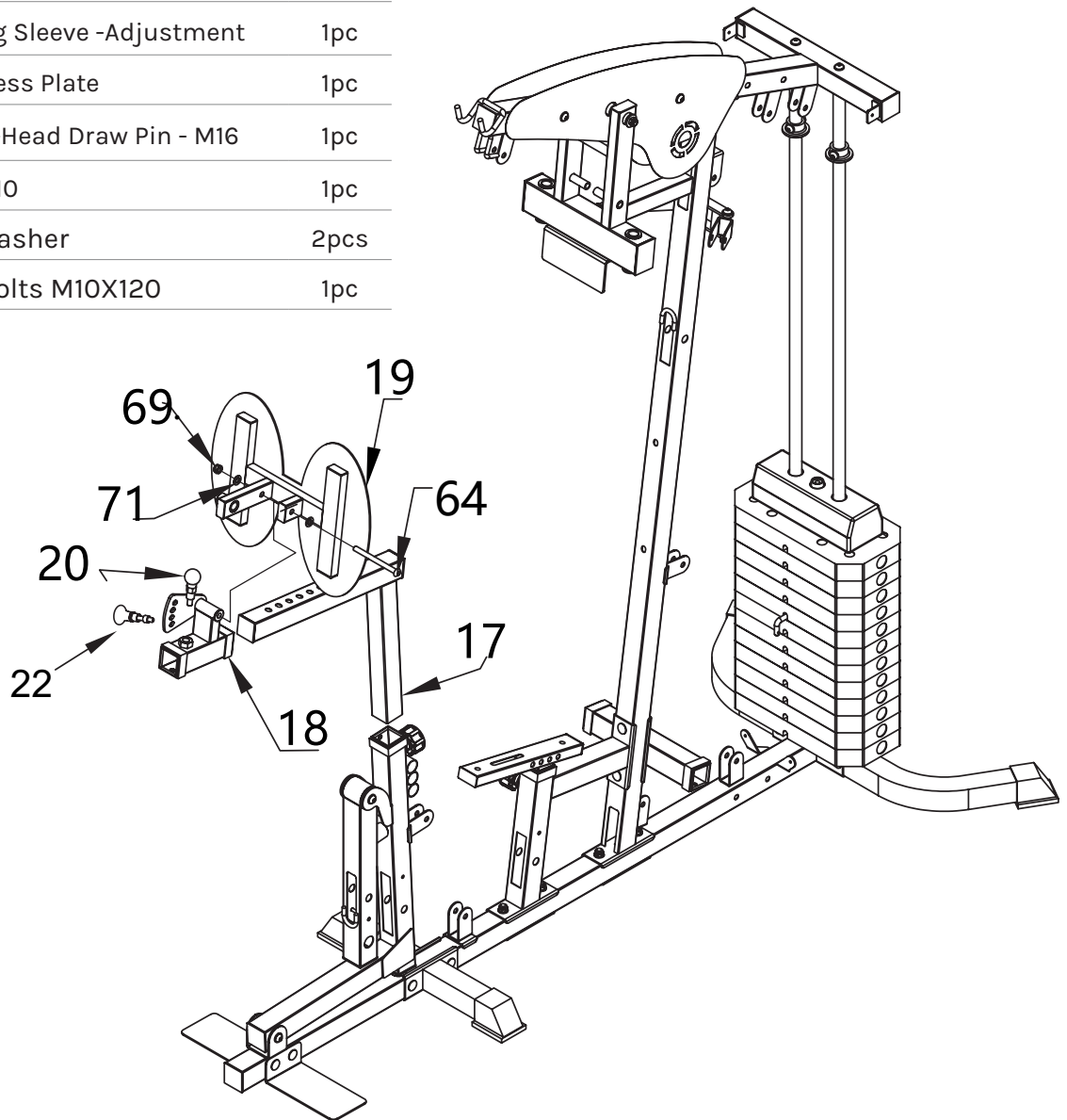
- Attach the Decorative Panels (26) on both sides of the upper beam area using Pan Bolts M10x20 (63) and Washers (71) on both sides.

### 5. Install the Connected Frame (25) & Push Shaft (27):

- Place the Connected Frame (25) to the outer sides of the Decorative Panels and align with the middle hole.
- Connect the Push Shaft (27) through the Connected Frame (25), Decorative Panels, and Upper Beam Assembly.
- Secure on both ends using  $\Phi 10$  Enlarged Washers (70) and Nuts (69).
- Tighten securely while ensuring free motion of the shaft.

### 6. Confirm all bolts, nuts, and pins are tightened securely.

No.	Name	Qty.
17	Leg Press Bracket	1pc
18	Sliding Sleeve -Adjustment	1pc
19	Leg Press Plate	1pc
20	Small-Head Draw Pin - M16	1pc
69	Nut M10	1pc
71	∅10 washer	2pcs
64	Pan bolts M10X120	1pc



## STEP 5

### 1. Attach the Leg Press Bracket (17):

A. Position the Leg Press Bracket (17) into the Front Bracket tube, aligning it with the pre-drilled mounting holes and lock using the Draw Pin (21).

### 2. Install the Sliding Sleeve - Adjustment (18):

a. Remove the pre-installed Spring Pull Pin (22) from the Leg Press Bracket.

b. Slide the Adjustment Sleeve (18) onto the Leg Press Bracket (17) and secure using the Small-Head Draw Pin-M16 (20).

### 3. Attach the Leg Press Plate (19):

a. Align holes and connect the Leg Press Plate (19) to Sliding Sleeve - Adjustment (18) using Pan Bolt M10x120 (64), ∅10 Washers (71) and Nut M10 (69). Washers go on both sides.

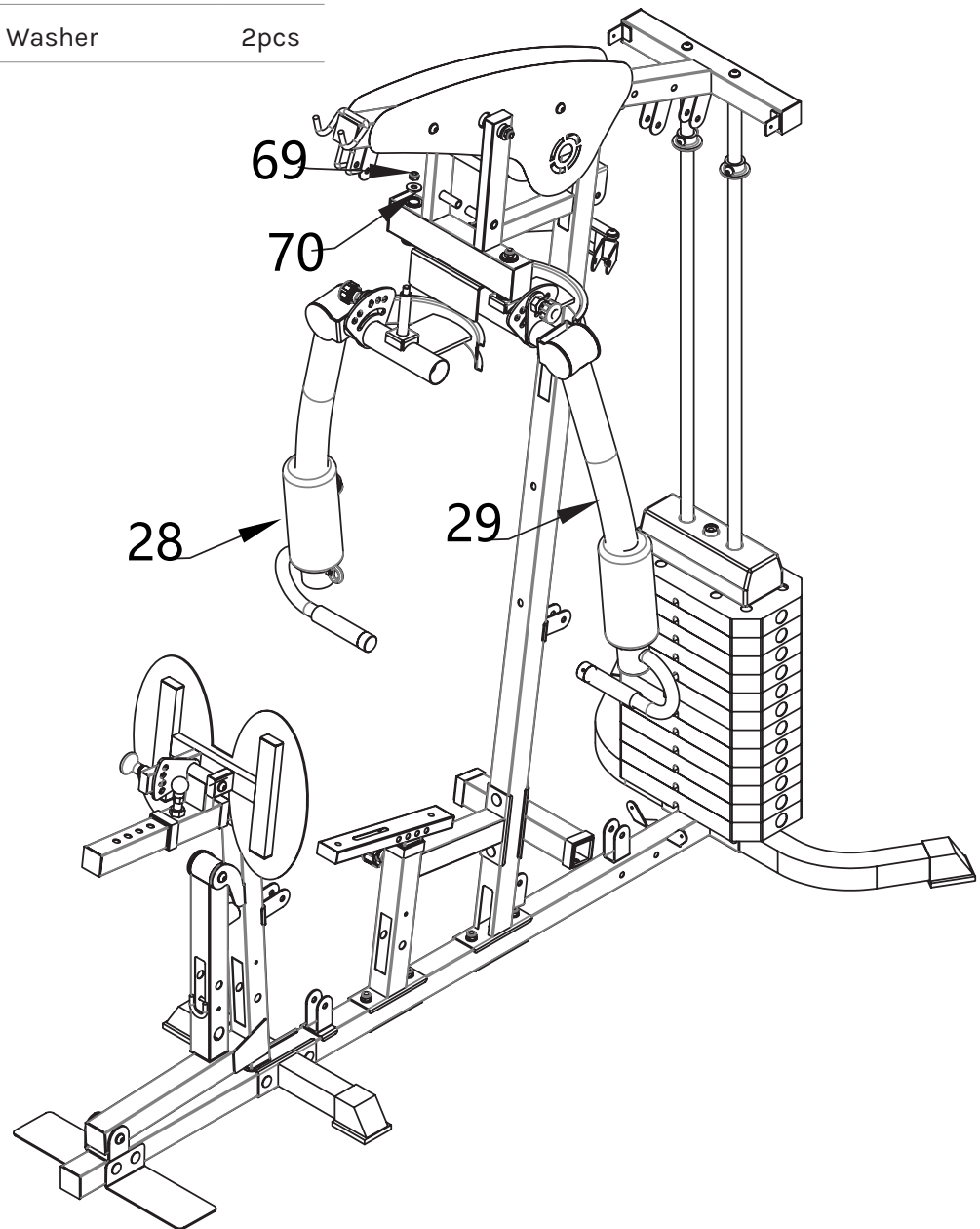
b. Secure the Spring Pull Pin (22) through the Leg Press Plate and Adjustment Sleeve (18).

4. Tighten all bolts while confirming the plate can rotate freely for natural leg movement.

5. During exercise: Adjust the height and positions using the Draw Pins and Spring Pull Pin. Ensure the pins are fully engaged and locked after changing positions.

Storage: When this is not in use, the Leg Press Bracket can be removed and stored in the Storage Tube.

No.	Name	Qty.
28	Left Chest Fly Arm	1pc
29	Right Chest Fly Arm	1pc
69	Nut M10	2pcs
70	∅10 Enlarged Washer	2pcs



## STEP 6

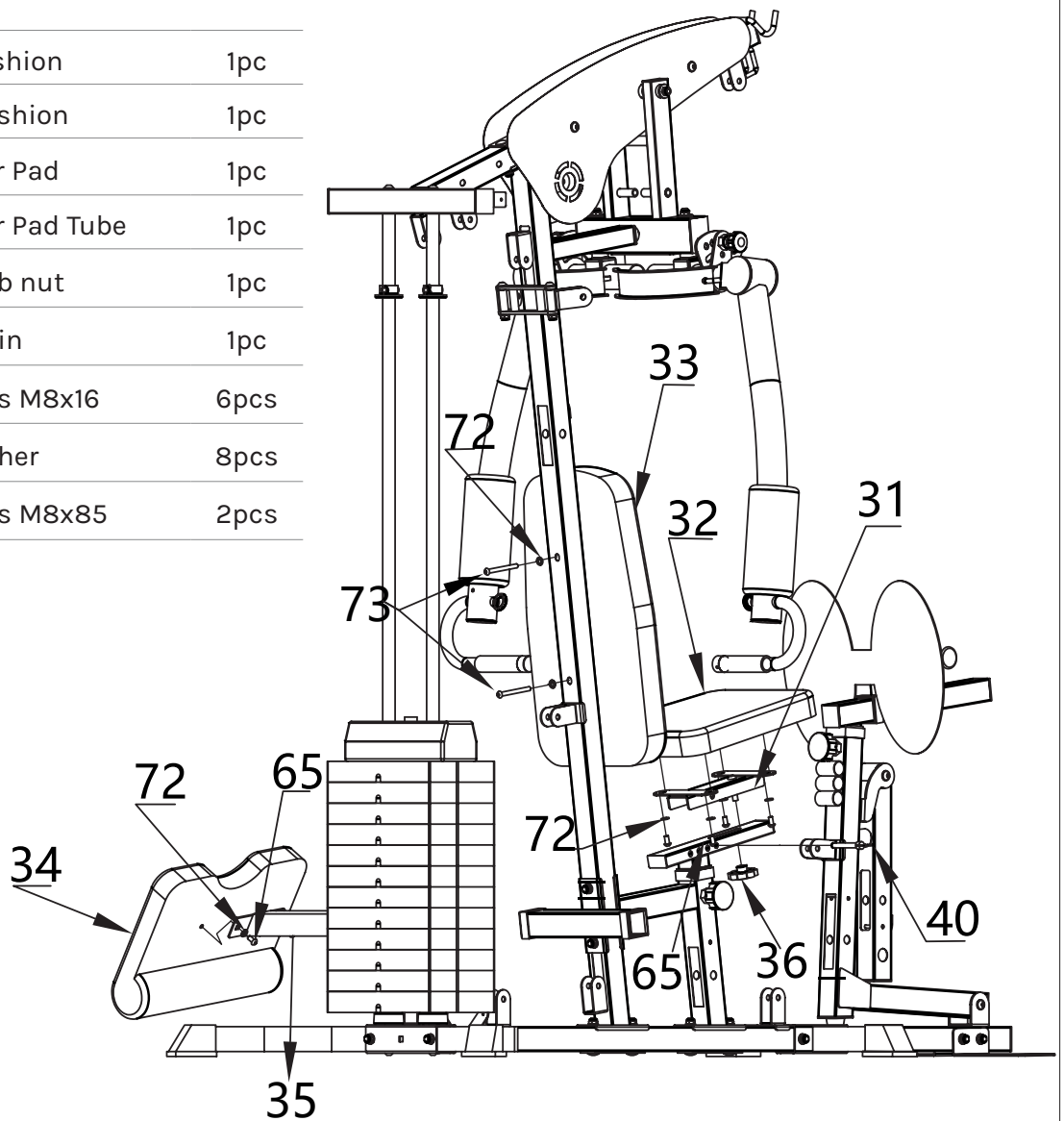
### 1. Attach the Left Chest Fly Arm (28):

- Position the Left Chest Fly Arm (28) on the left side of the Upper Beam Assembly, aligning it with the mounting holes.
- Insert the pivot bolt through the arm and secure it using a  $\Phi 10$  Enlarged Washer (70) and Nut M10 (69).
- Ensure the arm can rotate smoothly on its pivot point.

### 2. Attach the Right Chest Fly Arm (29):

- Repeat the same procedure for the Right Chest Fly Arm (29) on the opposite side.
  - Insert the bolt through the pivot and secure with a  $\Phi 10$  Enlarged Washer (70) and Nut M10 (69).
3. Confirm both arms move symmetrically and without resistance.

No.	Name	Qty.
31	U-Shaped Seat Cushion Adjustment Frame	1pc
32	Seat Cushion	1pc
33	Back Cushion	1pc
34	Preacher Pad	1pc
35	Preacher Pad Tube	1pc
36	M10 knob nut	1pc
40	Round Pin	1pc
65	Pan bolts M8x16	6pcs
72	Ø8 Washer	8pcs
73	Pan bolts M8x85	2pcs



## STEP 7

### 1. Attach the Seat Cushion (32):

a. Position the Seat Cushion (32) onto the Adjustment Frame (31) and fasten with Pan Bolts M8x6 (65) and Washers (72) from underneath.

### 2. Install the U-Shaped Seat Cushion Adjustment Frame (31):

a. Align the Seat Adjustment Frame (31) to the side hole of Seat Adjustment Frame then secure using Round Pin (40).

b. Secure the seat underneath using M10 Knob Nut (36).

c. During exercise: The seat can be adjusted fore/backward using the Round Pin and Knob Nut to secure into place.

### 3. Mount the Preacher Pad (34):

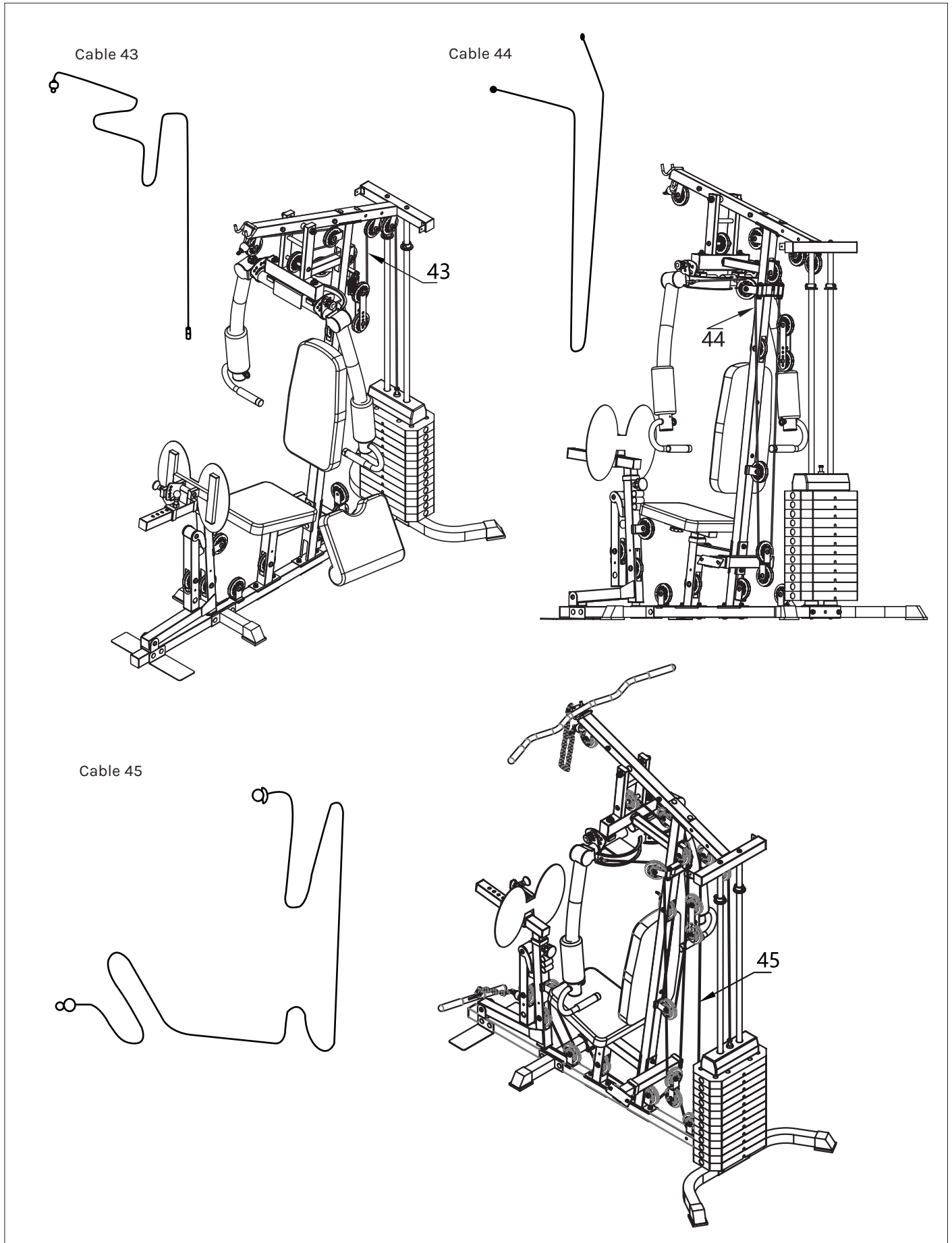
a. Fix the Preacher Pad (34) on top of the Preacher Pad Tube (35) using Pan Bolts M8 16 (65) and Washers (72).

b. During exercise: The Preacher Pad can be placed into the Front Bracket to use for bicep curls.

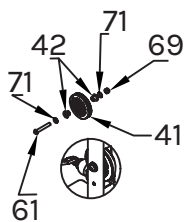
Storage: When not in use the Preacher Pad Tube can be placed into the Storage Tube.

# CABLE DIAGRAMS

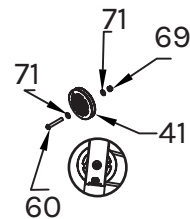
Note: Thread the steel wire rope through first before installing the pulley



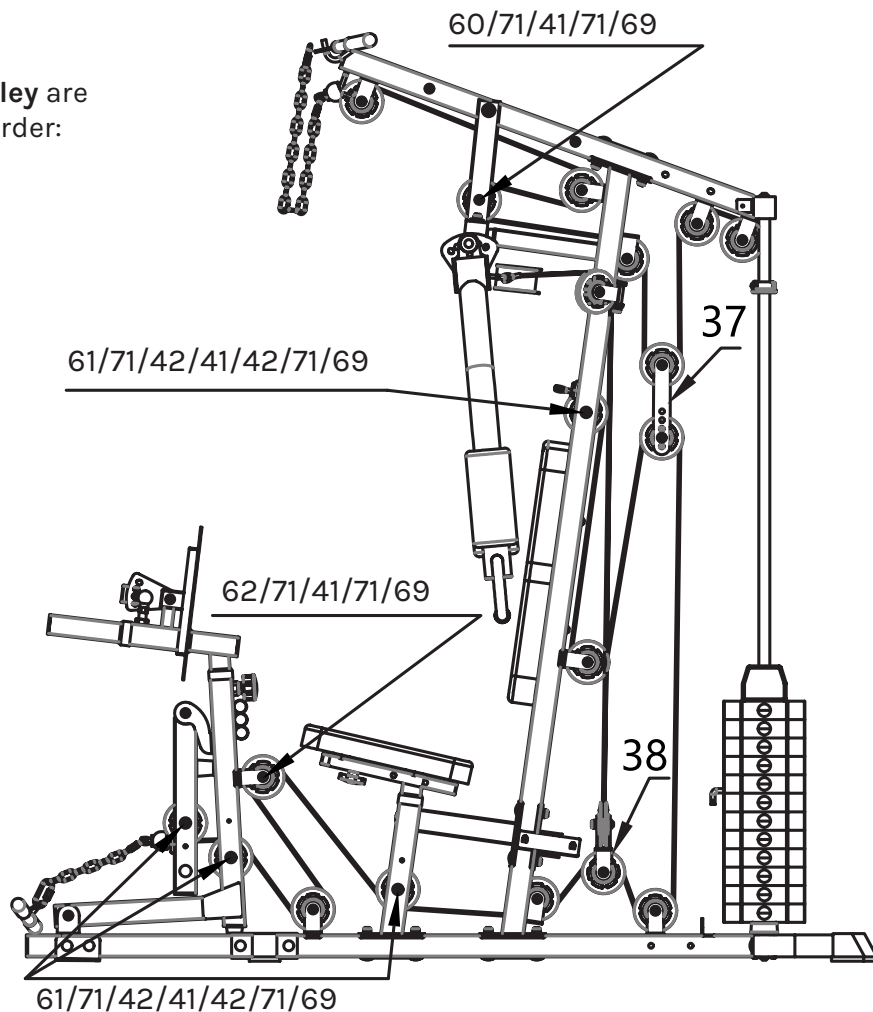
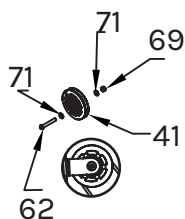
**4 Sections** labelled in the diagram is assembled in the following order:  
61/71/42/41/42/71/69



**1 Section** labelled in the diagram is assembled in the following order:  
60/71/41/71/69



**All other sections of the pulley** are assembled in the following order:  
62/71/41/71/69



## STEP 8

\* Refer to the Cable diagram for direction of the cables.

\* Place the ropes into the pulley before securing the pulley to the frame.

### 1. Install Cable 43:

- Starting from the top side - the first 2 pulley are installed using the parts 62/71/ 41/71/69.
- On the third pulley located on the Connected Frame (25), install using parts 60/71/41/71/69.
- Forth pulley on the Stand Column (11) is installed using parts 62/71/41/71/69.
- Fifth pulley: Use Slide Wheel Adjustment (37) to hold the pulley on the outside and mount with the same formation as previous step parts 62/71/ 41/71/69.
- The last 2 pulleys are mounted to the frame in the same formation using parts 62/71/41/71/69.
- The bolt end of the cable is then screwed into the selector rod.

## 2. Install Cable 44:

- a. Starting from the left side, hook the cable to the back of the left chest fly arm.
- b. Place the first pulley into the Pulley Frame (14) on the left side and secure in order parts 62/71/41/71/69.
- c. Next, use Cross Pulley Frame (38) to secure the the pulley in order of parts 62/71/41/71/69. Leave this part to hang.
- d. Route the cable to the right side Pulley Frame (14) and secure in order parts 62/71/41/71/69.
- e. Lastly, hook the cable to the back of the right side chest fly arms.

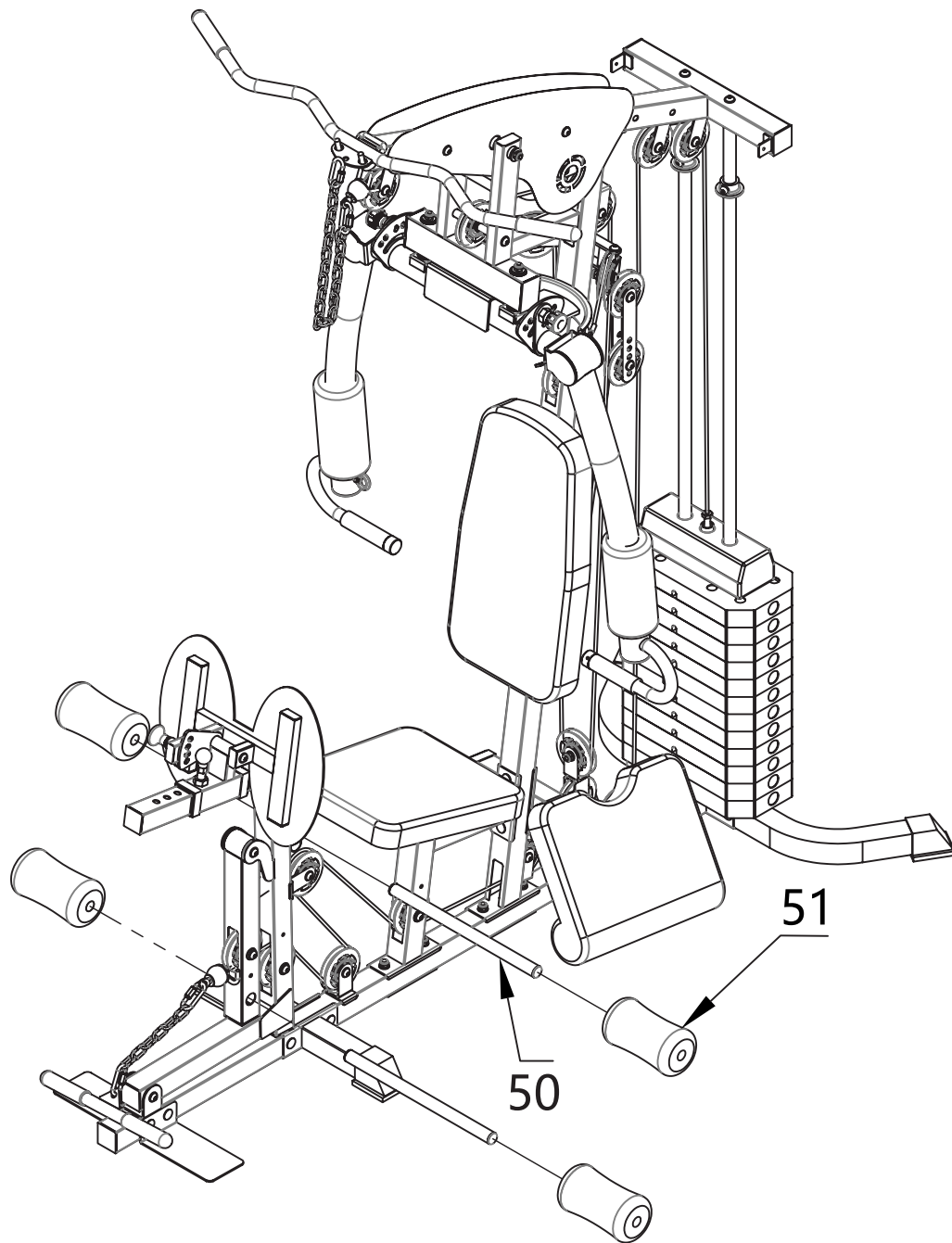
## 3. Install Cable 45:

- a. Start from the bottom using the ball end of the cable, secure the pulley to the Leg Arm (16) in the order parts 61/71/42/41/42/71/69.
- b. Onto the next pulley, place this into the centre post of Front Bracket (15) and secure in order parts 61/71/42/41/42/71/69.
- c. Third pulley is secured to the Middle Ground Piece (1) in the order parts 62/71/41/71/69.
- d. Forth pulley is secured to the back of Front Bracket (15) using parts 62/71/41/71/69.
- e. Fifth pulley is secured to Seat Support (12) using parts 61/71/42/41/42/71/69.
- f. The next pulley is assembled in the Middle Ground Piece (1) in the order parts 62/71/41/71/69.
- g. For the seventh pulley, attach it to Cross Pulley Frame (38) using 62/71/41/71/69.
- h. Attach the next pulley to the last pulley frame on Middle Ground Piece (1) in order of parts 62/71/41/71/69.
- i. Next moving to the top and installing to Slide Wheel Adjustment (37), secure in order parts 62/71/41/71/69. Secure this loosely for now as you may need to adjust the cord length later.
- j. Next, route the cord the pulley frame at back of Stand Column (11) and secure in order parts 62/71/41/71/69.
- k. Last pulley is attached to the pulley frame within Stand Column (11) using parts 61/71/42/41/42/71/69.

## 4. Final check:

- a. Check the cable tightness and adjust on Slide Wheel Adjustment (37).
- b. Check all bolts are tightened. If cables are not running smoothly, readjust the cables and loosen the bolt slightly as it may be too tight. Apply some lubrication on the pulleys if required.

No.	Name	Qty.			
37	Slide Wheel Adjustment	2pcs	61	Pan bolts M10x70	4pcs
38	Cross Pulley frame	1pc	62	Pan bolts M10x45	16pcs
41	Pulley	21pcs	69	Nut M10	21pcs
42	Slider Liner	8pcs	71	Ø10 Washer	42pcs
60	Pan bolts M10x175	1pc			

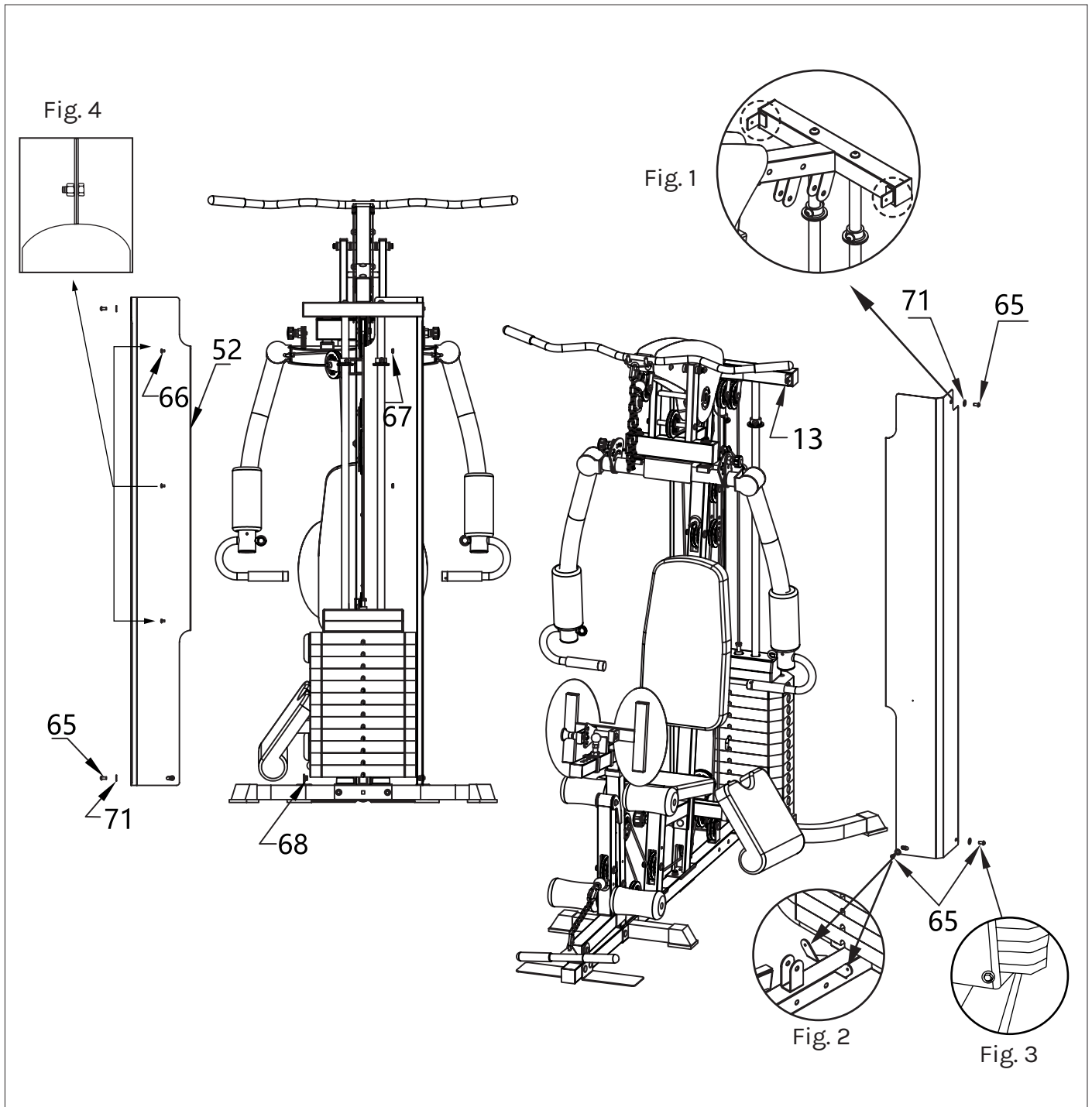


**STEP 9**

**1. Install Foam Rollers**

- a. Place the Foam Tubes (50) into the holes on Leg Arm (16) and either 3x holes on Front Bracket (16). The 3 holes are to suit different user heights.
- b. Slot the Foams (51) onto the end of the rods.

No.	Name	Qty.
50	Foam Tube	2pcs
51	Foam tube	4pcs



## STEP 10

### 1. Join the Covers R/L

a. Join the Left and Right Cover (52 & 53) together where the cut out hole is using Cross-recessed Bolt M6x10 (66) and Nut M6 (67). It does not matter which way the bolt faces. See Fig. 4.

### 2. Attach Covers R/L to frame

a. Secure Left Side Cover (53) on the sides of Stand Column (13) and Back Long Ground Piece (2) using Pan Bolts M8x16 (65), Washer (71) and Nut M8. See Fig. 1 and Fig. 3 images.

Repeat the same steps for the Right Side Cover (52).

b. At the front side of both covers secure to the Middle Ground Piece (1) using Pan Bolts M8x16 (65), Washer (71) and Nut M8. See Fig. 2.

3. Final Check: Check all the screws are tightened properly.

No.	Name	Qty.	No.	Name	Qty.
52	Right-side Protective Cover	1pc	67	Nut M6	3pcs
53	Left-side Protective Cover	1pc	68	Nut M8	6pcs
65	Pan Bolts M8x16	6pcs	71	Ø10 Washer	6pcs
66	Cross-Recessed Bolt M6X10	3pcs			

### Cable attachments:

\* Chains (46 & 47): The chains are used for gym attachments to elongate the cables. Use the C-type buckle (56) to attach them to the cable rings.

\* Tricep rope (58)/ Straight row handle (49)/ Curl lat pulldown bar (48)/ Cable Handles (74): Attach these to the Cables or the Chains using the C-type buckle (56) or Carabiner Clips (57).

**Note:** Cable Handles (74) can also be attached to the Chest Fly Arm Handles where there is a round hoop.

# V. MAINTENANCE

## MAINTENANCE METHOD:

To extend the service life of the device, the parts must be lubricated on time. The product has been initially lubricated before leaving the factory, but lubrication is required between the guide rod and the weight plate over time.

 **NOTE:** Silicon oil/spray is recommended for lubrication.

1. Pulley and wire ropes should be regularly checked for signs of wear.
2. Check and adjust the tension of the wire rope regularly.
3. Check all moving parts regularly. If there is a damaged part, stop using the device immediately and contact the store.
4. Ensure all bolts and nuts are fully fixed and re-tighten them when it is loose.
5. Check the welding for cracks.
6. Failure to perform routine maintenance may cause personal injury or equipment damage.
7. Ensure any handle attachments are fully secured before use to prevent from injury.

# VI. WARRANTY

## AUSTRALIAN CONSUMER LAW

Many of our products come with a guarantee or warranty from the manufacturer. In addition, they come with guarantees that cannot be excluded under the Australian Consumer Law. You are entitled to a replacement or refund for a major failure and compensation for any other reasonably foreseeable loss or damage.

You are entitled to have the goods repaired or replaced if the goods fail to be of acceptable quality and the failure does not amount to a major failure. Full details of your consumer rights may be found at [www.consumerlaw.gov.au](http://www.consumerlaw.gov.au).

Please visit our website to view our full warranty terms and conditions:  
<http://www.lifespanfitness.com.au/warranty-repairs>

## WARRANTY AND SUPPORT

Any claim against this warranty must be made through your original place of purchase. Proof of purchase is required before a warranty claim may be processed.

If you have purchased this product from the Official Lifespan Fitness website, please visit <https://lifespanfitness.com.au/warranty-form>

For support outside of warranty, if you wish to purchase replacement parts or request a repair or service, please visit <https://lifespanfitness.com.au/warranty-form> and fill in our Repair/Service Request Form or Parts Purchase Form.

Scan this QR code with your device to go to [lifespanfitness.com.au/warranty-form](https://lifespanfitness.com.au/warranty-form)





***CORTEX***<sup>®</sup>

[WWW.LIFESPANFITNESS.COM.AU](http://WWW.LIFESPANFITNESS.COM.AU)